

CSA at Lake Park Synagogue

Current Jewish Food Quiz:

Which Biblical characters subsisted on only vegetables and water for ten days? How did they fare? Please cite your Biblical source.

Send your answer to
webms@lakeparksynagogue.org

Previous Quiz

Thanks to Carl Dworman of
www.herekittycat.com for his answer:

The question: The Torah portion Beha'alotecha described the Jews complaining about the deprivations of life in the desert. What did they miss about Egypt?



The answer: 'If only we had **meat** to eat! We remember the **fish** we ate in Egypt at no cost—also the **cucumbers, melons, leeks, onions and garlic**. But now we have lost our appetite; we never see anything but this manna!' (Num 11: 4-6)

A new quiz will be posted when the current one is correctly answered.

What's in the Box?

CSA members get weekly emails showing share contents, recipes, and CSA and farm updates. That information is also available at www.lotfotl.com.



Some produce we've gotten so far this season....

- Lettuce - Waldmann's, Panisse green leaf, Orach, Romaine, and other varieties
- garlic scapes
- Kale
- Swiss Chard
- Turnips
- Beets (several varieties)
- Dill
- Parsley
- Sage
- Zucchini (green or yellow)
- Cousa (a Lebanese summer squash)
- Peas
- Kohlrabi
- Orach Greens
- Mustard Greens
- Broccoli
- Arugula
- Lavender, rosemary, tomato plants

See www.lotfotl.com for a current list.