

## CSA at Lake Park Synagogue

### Current Jewish Food Quiz:

Which Biblical characters subsisted on only vegetables and water for ten days? How did they fare? Please cite your Biblical source.

Send your answer to  
[webms@lakeparksynagogue.org](mailto:webms@lakeparksynagogue.org)

*A new quiz will be posted when the current one is correctly answered.*

### Previous Quiz

Thanks to Carl Dworman of Carolina, Puerto Rico, for his correct answer:

**The question:** The Torah portion Beha'alotecha described the Jews complaining about the deprivations of life in the desert. What did they miss about Egypt?



**The answer:** 'If only we had **meat** to eat! We remember the **fish** we ate in Egypt at no cost—also the **cucumbers, melons, leeks, onions and garlic**. But now we have lost our appetite; we never see anything but this manna!' (Num 11: 4-6)

### What's in the Box?

CSA members get weekly emails showing share contents, recipes, and CSA and farm updates. That information is also available at [www.lotfotl.com](http://www.lotfotl.com).



### Some produce we've gotten so far this season....

- Greens - Waldmann's, Panisse green leaf, Orach, Romaine, arugula, mustard, etc.
- garlic scapes
- Kale
- Swiss Chard
- Turnips
- Beets (several varieties)
- Dill, Parsley, Sage, Basil
- Zucchini (green and yellow)
- Cousa (a Lebanese summer squash)
- Peas
- Kohlrabi
- Corn
- Broccoli
- Green Peppers
- Tomatoes
- Peaches
- Watermelon and Sweet Granite melon
- Lavender, rosemary, tomato plants
- And more....